



STATE OF CALIFORNIA- MILITARY DEPARTMENT
CALIFORNIA CADET CORPS
CAMP SAN LIS OBISPO
10 Sonoma Ave, Bldg. 1301
Camp San Luis Obispo, California 93405



CIRCULAR 010-2425-001

20 August 2024

MEDICAL TASK TRAINING

1. **GENERAL:** Headquarters (HQS), CACC is excited to announce a focus on medical task training during the 2024-2025 school year. We have received a grant from the California Office of Emergency Services Listos Grant Program that will help us improve the emergency readiness training we offer throughout the California Cadet Corps. This grant will provide participants with the supplies and equipment to train in Stop the Bleed, First Aid/CPR/AED, more CERT classes, and an exciting new Firefighting Unit for the 2025 Summer Encampment.
2. **PURPOSE:** The purpose of this training is to increase the emergency preparedness of CACC adults and cadets throughout the state.
3. **OVERVIEW:** The Listos Grant allows us to provide Stop the Bleed Kits to every student we train in the vital first aid task of stopping bleeding. We already provide Red Cross Instructor Certification for First Aid/CPR/AED training, but the grant will allow us to provide a set of manikins and AED training devices to those instructors who take the instructor training. We will obtain valuable new equipment that will improve our first aid/medical training regionally by giving us training devices for hands-on practice of advanced first aid skills. We will expand our CERT program to allow more teams to certify closer to home. The supplies and equipment we obtain through the grant will let us conduct better first aid and CERT training during weekend training schools and at the summer encampment. And we will purchase firefighting equipment that will allow us to conduct training and orientation to wildland firefighting requirements and skills that will give interested cadets the creds to walk into a firefighting job upon graduation from high school.
4. **DETAILS OF SPECIFIC PROGRAMS:**
 - a. **Stop the Bleed (STB).**
 - (1) The first phase of this program consists of training the trainer (TTT). All CACC adults are encouraged to complete this training so they can conduct STB training for cadets, other students or teachers, and even family members.
 - (2) STB TTT will be offered during the CACC Leadership Conference on 14 SEP 2024, and by appointment from LTC Paul Saba. Commandants who don't receive the training at the conference are encouraged to contact LTC Saba to schedule this training for a group of CACC adults or Cadet Medics. Contact him at paul.saba@cacadets.org.
 - (3) Once an instructor has been certified to teach, you can order Stop the Bleed Kits for free at [Stop the Bleed Kit Order Form](#). We will ship the kits to you. When you conduct the STB training, issue a kit to each participating student! We will have more than 1100 kits to give out, and will issue them until the grant-funded supply of these materials is exhausted.
 - (4) Close the loop with us by reporting your successful training at [Stop the Bleed Course](#).

Completion Form

(5) HQ CACC will conduct STB training during state activities throughout the 2024-2025 school year.

b. First Aid/CPR/AED Instructor Certification.

(1) You need to have certified in Red Cross Basic First Aid/CPR/AED to become an instructor. We can assist with scheduling this training if needed.

(2) Register to attend the Instructor Certification training scheduled for one of the dates listed below. Location of the training is tentative, based on the preferred location of the students. If you want to set up training at your school or regionally, contact LTC Belinda Contreras at Belinda.contreras@cacadets.org.

28 SEP 2024 – location TBD

2 NOV 2024 – Camp San Luis Obispo

11 JAN 2025 – Camp San Luis Obispo

29 MAR 2025 – location TBD

24 MAY 2025 – location TBD

23 JUN 2025 – Camp San Luis Obispo

(3) The course has an online component that must be completed prior to the in-person training. The in-person training is one day.

(4) Those who complete the instructor certification training will receive a set of manikins they can use to conduct local training in First Aid/CPR/AED.

(5) Conduct training at your school or in your community. Students are not limited to CACC members; we support any training of other students, teachers/employees, or community members by our instructors.

(6) Close the loop with us by reporting your successful training at [First Aid CPR AED Tng Report Form](#)

(7) **The top three schools** who do the most CPR training during the school year (by % of Bn or overall numbers) will be rewarded with an additional set of manikins!

c. Community Emergency Response Team (CERT).

(1) The California Cadet Corps intends to offer multiple opportunities for schools to train a CERT team. We intend to use those commandants who have attended the CERT Train the Trainer (TTT) over the past couple of years to host regional courses in addition to the main course we'll still conduct at Camp San Luis Obispo. TTT certification will continue to be a part of each CERT training event so we can qualify even more instructors. Bring this vital capability back to your school and community!

(2) Dates:

31 OCT – 3 NOV at Camp San Luis Obispo (to be announced in a Warning Order)

(3) We want to stand up a regional course at each of the XMIs (military institutes):

Porterville Military Academy

Oakland Military Institute

California Military Institute

(4) Possible dates include 30 JAN – 2 FEB 2025, 6-9 FEB 2025, and 13-16 MAR 2025. To stand up a training session, please contact LTC Paul Saba at paul.saba@cacadets.org.

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5. **COST:** There is no cost for participation in any of this training. HQ CACC will pay the fee to certify instructors with the American Red Cross. When you conduct your local training, students may elect to certify with the Red Cross at their own expense (or the school may pay the fee), or they may choose to participate in the training without receiving American Red Cross certification. The California Cadet Corps will provide a training certificate to show that training was completed.

6. **IMPORTANT!** Reporting the numbers trained in STB, First Aid, and CERT back to HQS is absolutely crucial to helping us satisfy the requirements of the grant, and seek future funding. When you attend the training, you will be asked to commit to furnishing HQCACC with the number of students trained within two weeks of the completion of the training.

Stop the Bleed, First Aid, and CPR are key tasks that we should be training all cadets. This is an opportunity to give great training to our cadets (and potentially others), get the tools we need to both train more commandants and cadets and improve the quality of the training, and set ourselves up for more grants in years to come that will snowball our funding and capabilities. We ask that commandants work this training into your training plans in class or at weekend activities, and we will do our part at state level to support it.

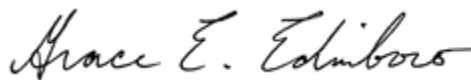
7. **POCs:** Points of Contact regarding these courses or the focus on medical tasks for the 2024-2025 school year are:

COL Grace Edinboro, grace.edinboro@cacadets.org, (925) 405-7720

LTC Belinda Contreras, Belinda.contreras@cacadets.org, (775) 431-0771 (1st Aid/CPR)

LTC Paul Saba, paul.saba@cacadets.org, (714) 420-6580 (STB, CERT, Firefighting Unit)

FOR THE EXECUTIVE OFFICER:



GRACE E. EDINBORO
COL, CACC
Operations Officer